

Zone 6 inner

Section 14: Kingston to Teddington

Distance: 2.22 mi, 3.55 km

Introduction

This is a short and easy section. Most of it consists of an amble across a corner of Bushey Park.

There are plenty of places to eat in Kingston, and a pub at Teddington.

Directions

On leaving Kingston station, bear right across the main road, and proceed along Fife Road.

Turn left in front of the Bentall Centre.

At the T junction, turn right, pass the church on the left, and cross over the Thames.

Bear left at the roundabout, then turn right at the traffic lights along Church Grove.

Go through the gate on the left, opposite the church, and enter Bushey Park along an avenue.

After a second gate, bear right onto a rough path, then turn right past the cricket nets.

When the path bends right, go straight on, passing Millennium Wood on the right. Do not go through the gate.

Keep going in the same general direction.

When you reach a tarmac cycle track, turn left onto it.

Immediately after crossing a stream, the cycle track bends slightly left. Leave it by carrying straight on along the last of three grass tracks on the right.

Keep straight ahead on this path. Pass a deer enclosure on the left.

At an oblique intersection, bear right.

Then keep straight ahead all the way to the exit.

Leave the park, and carry on along Avenue Gardens.

At the end, turn right.

Take the footpath on the left, after no. 41.

After a left bend, keep straight ahead, to reach Teddington station.